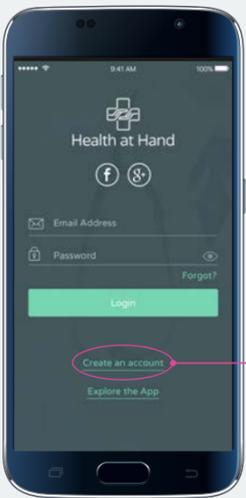


HOW TO SEE A DOCTOR IN 12 EASY STEPS

Download the 'Health at Hand' app from AppStore or GooglePlay

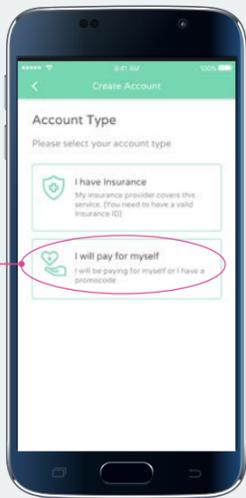


1



Create an Account or use your login credentials to begin

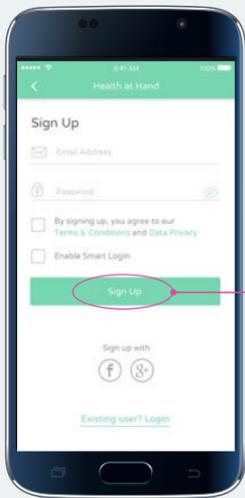
2



Click on 'I will pay for myself'

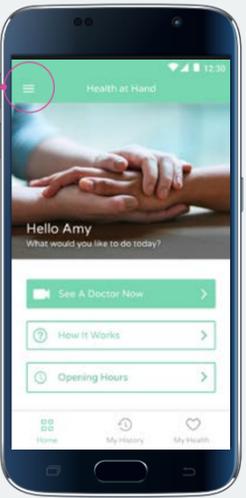
PLEASE NOTE, you have a promocode that you will use on step 11

3



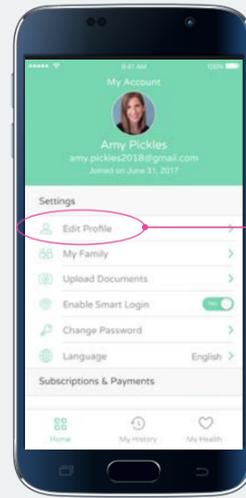
Enter the details and click 'Sign Up' to continue

4



Click on the 'menu'

5



Click 'Edit Profile'

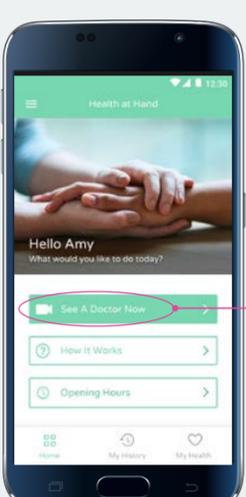
6



Fill all the fields including Emirates ID and click 'Done'

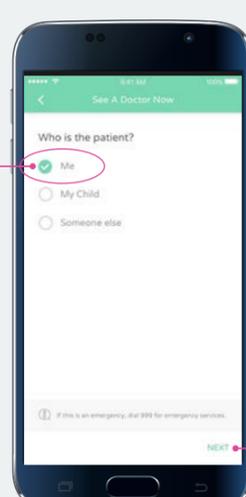
iPhone users click on 'My Account'

7



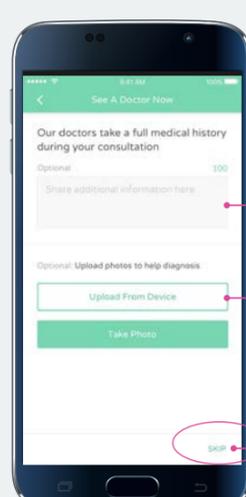
Click 'See A Doctor Now' button

8



Select 'Me' and click 'Next' button

9

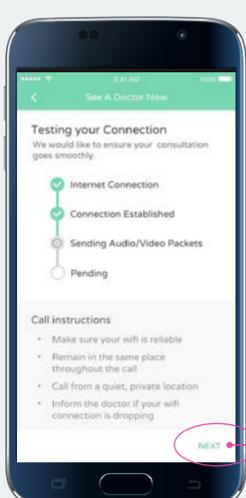


Click to add any **symptoms** (optional)

Click to **upload** or **take** any **photos** related to symptoms (Eg. Rash or Redness of eyes)

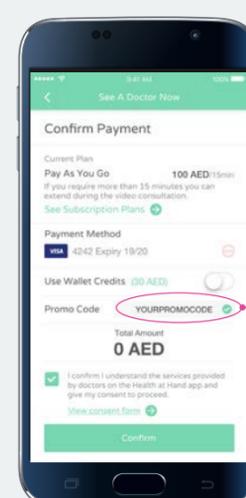
Skip if you don't have details to add

10



Click 'Next' once your connection test is completed.

11



Please add your promocode here and click 'Confirm'

12



Change camera if required

Countdown timer shows the time you have left for your consultation

Turn your **Microphone ON/OFF**

Turn your **video ON/OFF**